



*“...Creating an environment where children, parents and teachers are supported in reaching their full potential.”*

## **Dressing for Success**

As our children are learning and growing, they are mastering many developmental skills. It is a true joy and privilege to observe and support their growth.

One of the tasks the children will master while in the Preschool class is toilet training. It is extremely important that the children wear clothing that allows them to be changed easily.

**Best Choice:** Shorts/Pants with elastic waist and leg bottoms, which can fit over shoes so that shoes and socks do not have to be removed. Tennis shoes with Velcro closings for when socks need to be changed. When we select clothing of this type, the children become involved in the pottying process, which precedes toileting alone.

Remember to use diapers (not pull-ups) until your child's consistently able to stay dry and clean. Pull-ups (like diapers) give them an excuse to continue using them. Check with teachers to decide about panty/underwear readiness. (Children who can keep themselves dry and clean at home, evenings and weekends are usually ready to wear underwear to school).

As we teach children to use the bathroom, we teach proper wiping, toilet seat position and hand washing, as these are all elements necessary to be truly potty trained.

Please avoid the following clothing when dressing your child for school at Kinder Haus:

- Pants with snaps at waist, zippers, tight legs, shoulder straps (overalls/suspenders), belts
- “All in one” outfits (jumpsuits and overalls) which require total undressing (The type with snaps between the legs work for diaper changing but not for potty training.)
- Stockings, leggings, long shirts or long dresses that are difficult for child to manage when using the toilet.
- Shoes with laces (before child is able to tie shoes themselves)
- Flip flops or other open-toe shoes (Safety hazard)
- Elaborate costume-type clothing or other distracting accessories that do not meet the immediate needs of the child during the school day (jewelry, hair bows, watches, masks, light-up shoes, tiaras, etc.)
- “Sunday Best” clothing; Children are allowed to freely and safely explore both inside and outdoors--please expect that your child might soil their clothing at times while doing so--we encourage sensory play which includes water activities, sand, play doh, art materials (painting, markers, crayons, etc.). Please send clothing that is easily washable and will not cause upset if soiled or stained.