

## Manners Make Us Nice To Know

We say “please”, “thank you”, “you’re welcome.”

We are turn takers (no need to push, shove, etc.)

We wait quietly for others to be finished speaking—we do not interrupt

We talk to the person with whom we wish to speak (do not scream, holler across the room.)

We walk slowly and carefully when we are inside, and try not to bump into or shove our friends.

We use “walking legs”

We use one activity at a time and put it away properly before taking another off the shelf

We take good care of our toys, put them back onto the shelves quietly

We stop and pick up as soon as our teacher or parents ask us to.

We always wash our hands before eating, after using the toilet, and when we come inside from the yard.

We sit with our bottoms on the chair, feet under the table.

We place our napkins on our laps.

We sit quietly at the table, hands in our lap. We use utensils to eat. We chew with our mouth closed.

We wait for our friends to be served before we eat.

We say grace.

We taste all foods and drink out milk.

We eat all our lunch before asking for seconds.

We do not touch food on our friend’s plates.

We keep our elbows off the table.

We speak with our “restaurant voices” (only people at our table can hear.)

We remain seated until we are excused.

When serving ourselves we touch only the food we eat.

We take one serving at a time.

At group time we sit in a circle with our legs crossed and keep our hands on our own bodies. We try not to bump our friends.

We use our listening ears, while the teacher talks or reads.

We follow directions.

We stand only on the floor (not on chairs.)

We use books carefully and turn pages gently.

When someone makes us angry we use our words and tell them “we don’t like that.”

We stay with our group. (don’t leave class, yard area.)

Sometimes we have to wait for our friends to finish picking up or going to the potty. We wait quietly and use our self-control.

If you can’t say anything nice, don’t say it at all. We speak with love. We are gentle with friends (don’t hurt, hit, kick, etc.)

Safety rules help keep us safe, our teachers and parents help us to remember so we don’t get hurt.